

## COVID-19 Testing 【Self-financed inspection】

You can choose our testing service,

- 1) When you need certificates for travel or work.
- 2) When you want to know if you are infected with coronavirus only if you do not have any symptoms.

If you have symptoms such as fever or cough, please contact the Returnee/Contact counseling.

### 【Testing Day】

Weekdays : 15 : 00~16 : 30 ※ By appointment only

It is not possible to make a reservation on the day of the event.

### 【Booking】

TEL : 090-9821-7995 (Weekdays 10 : 00~15 : 00)

※ Booking is only by phone.

※ Inquiry is by e-mail.

### 【Reservation Period】

1 month in advance

Example: Reservations for April 1 will begin on March 1.

### 【COVID-19 Testing】

Only saliva

Some countries/airlines do not accept saliva specimen testing or Covid-19 antigen quantification testing, so please make sure with the Ministry of Foreign Affairs website or the embassy of the relevant country in Japan in advance.

**【Method difference】**

	Results notification	Advantages	Disadvantages
Antigen quantification	Monday-Thursday: Next day 10:00-15:00 Friday: by 18:00	Less expensive Sensitive	Some countries or airlines do not accept
PCR examination	Monday-Thursday: Next day 10:00-15:00 Friday: No PCR test	Most common, gold standard Highly sensitive	Expensive

**【Fee (Tax included) 】**

Antigen quantification      5,800 Yen

PCR examination            15,300 Yen

Certificate                    2,200 Yen (in Japanese, English available)

**【For the test, bring the following with you:】**

Health insurance card or driver's license (necessary for identity verification)

Passport (if you travel abroad)

**【For Enquiries:】**

Shimane University Hospital COVID-19 Inspection Center

E-mail : covid-yoyaku@med.shimane-u.ac.jp

TEL : 090-9821-7995 (weekdays 10 : 00~15 : 00)

### **Testing Procedure**

- 1) Please come to the hospital, counter 1, 2, 3 reception, before your appointment time.
  - 2) Check your symptoms and body temperature.
  - 3) Lead to the examination.
  - 4) Confirm testing method and certificate.
  - 5) Collect saliva sample.
  - 6) Payment
- \* If you do not show up for your appointment 15 minutes after the scheduled time without prior notice, we will consider your appointment cancelled. If you need to change or cancel your reservation, please be sure to contact us before your appointment time.

### **Test Results**

- Your test results will be emailed to you at 10:00-15:00 on the next day (except Friday)
- The certificate will be posted to you. Please ask if you need it as soon as possible.
- \* The certificate cannot be issued on the same day.
- \* Please note that pseudo-positive or pseudo-negative results may occur, although we verify the test quality.

### **Precautions**

- 1) Avoid eating, brushing your teeth, gargling, and smoking 30 min before saliva collection.
- 2) Payback is not acceptable after the examination.
- 3) In certain circumstances, the COVID-19 self-financed inspection may be stopped without notice.
- 4) The self-financed inspection is not available for those having COVID-19 symptoms.

5) If you are positive for COVID-19 testing, we will access Izumo Health Center.

6) This test is not for visiting inpatients. (Visiting inpatients are currently prohibited)